



Odyssey House  
Where recovery gets real

# OH ROCS Recovery Center Monthly Calendar

## April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>2</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00pm- 4:00pm	<b>3</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m..	<b>4</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>5</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>6</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>7</b> <b>Follow-up Phone Calls</b>	<b>8</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>9</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>10</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>11</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>12</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>13</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>Exercise class</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>14</b> <b>Follow-up Phone Calls</b>	<b>15</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>16</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>17</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>18</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>19</b> <b>Good Friday</b>  <u>The center will be closed</u>	<b>20</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support Pot Luck</b> 6:00 p.m. – 7:00 p.m.
<b>21</b> <b>Follow-up Phone Calls</b>	<b>22</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>23</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>24</b> <b>Women's Group</b> 11:00 a.m. – 4:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>25</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>26</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>27</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>Exercise class</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support Birthday Celebration</b> 6:00 p.m. – 7:00 p.m.
<b>28</b> <b>Follow-up Phone Calls</b>	<b>29</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>30</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00pm- 4:00pm				