



Odyssey House  
Where recovery gets real

## OH ROCS Recovery Center Monthly Calendar August 2020

| Sun   | Mon   | Tue  | Wed   | Thu  | Fri  | Sat  |
|---|---|--|---|--|--|--|
| <b>Telehealth Sessions</b><br><b>Monday - Saturday</b><br><b>9:00 am – 1:00 pm</b><br><b>2:00pm – 5:00pm</b><br><b>Conference Call</b><br><b>Monday – Saturday</b><br><b>1:00 pm – 2:00 pm</b>          |   |  |   |  | <b>Recovery Support Group</b><br><b>Conference Call</b><br><b>Fridays</b><br><b>6:00 pm – 7:00 pm</b>  | <b>1</b><br><b>Computer Class</b><br>12:00 p.m. – 2:00 p.m.<br><b>Family &amp; Me</b><br>4:00 p.m. – 5:00 p.m.<br><b>Fitness Activities</b><br>5:00 p.m. – 5:45 p.m.<br><b>OH ROCS Peer Support</b><br>6:00 p.m. – 7:00 p.m.                     |
| <b>2</b><br><b>Please be advised</b><br><b>Individual Coaching</b><br><b>Session take place</b><br><b>Monday thru Thursday</b><br><b>8:00am – 1:00pm</b><br><b>&amp;</b><br><b>4:30 p.m. – 7:00p.m.</b> | <b>3</b><br><b>Women’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>Yoga (BIWEEKLY)</b><br>2:00 p.m. – 3:00 p.m.  | <b>4</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Bi-lingual Support Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OH ROCS Fitness Walk</b><br>3:00 p.m. – 4:00 p.m.  | <b>5</b><br><b>Women’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Anger Management</b><br>2:00 p.m. – 3:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.   | <b>6</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.  | <b>7</b><br><b>Arts &amp; Crafts</b><br>PENDING<br><b>LGBTQIA</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OHROCS Peer Support</b><br>6:00 p.m. – 7:00 p.m.  | <b>8</b><br><b>Computer Class</b><br>12:00 p.m. – 2:00 p.m.<br><b>Family &amp; Me</b><br>4:00 p.m. – 5:00 p.m.<br><b>Fitness Activities</b><br>5:00 p.m. – 5:45 p.m.<br><b>OH ROCS Peer Support</b><br>6:00 p.m. – 7:00 p.m.                     |
| <b>9</b><br><b>Resumes Assistance and</b><br><b>Overdose</b><br><b>Prevention Training</b><br><b>available</b><br><b>upon request</b><br><b>Follow-up Phone Calls</b>                                   | <b>10</b><br><b>Women’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.  | <b>11</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Bi-lingual Support Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OH ROCS Fitness Walk</b><br>3:00 p.m. – 4:00 p.m. | <b>12</b><br><b>Women’s Group</b><br>11:00 a.m. – 4:00 p.m.<br><b>Anger Management</b><br>2:00 p.m. – 3:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m. | <b>13</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m. | <b>14</b><br><b>Arts &amp; Crafts</b><br>PENDING<br><b>LGBTQIA</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OHROCS Peer Support</b><br>6:00 p.m. – 7:00 p.m. | <b>15</b><br><b>Computer Class</b><br>12:00 p.m. – 2:00 p.m.<br><b>Family &amp; Me</b><br>4:00 p.m. – 5:00 p.m.<br><b>Fitness Activities</b><br>5:00 p.m. – 5:45 p.m.<br><b>OH ROCS Peer Support</b><br><b>Pot Luck</b><br>6:00 p.m. – 7:00 p.m. |
| <b>16</b><br><b>Follow-up</b><br><b>Phone Calls</b>   | <b>17</b><br><b>Women’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>Yoga (BIWEEKLY)</b><br>2:00 p.m. – 3:00 p.m. | <b>18</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Bi-lingual Support Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OH ROCS Fitness Walk</b><br>3:00pm-4:00pm         | <b>19</b><br><b>Women’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Anger Management</b><br>2:00 p.m. – 3:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.  | <b>20</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m. | <b>21</b><br><b>Arts &amp; Crafts</b><br>PENDING<br><b>LGBTQIA</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OHROCS Peer Support</b><br>6:00 p.m. – 7:00 p.m. | <b>22</b><br><b>Computer Class</b><br>12:00 p.m. – 2:00 p.m.<br><b>Family &amp; Me</b><br>4:00 p.m. – 5:00 p.m.<br><b>Fitness Activities</b><br>5:00 p.m. – 5:45 p.m.<br><b>Birthday Celebration</b><br>6:00 p.m. – 7:00 p.m.                    |
| <b>23</b><br><b>Follow-up</b><br><b>Phone Calls</b>   | <b>24</b>   | <b>25</b><br><b>Men’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Bi-lingual Support Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>OH ROCS Fitness Walk</b><br>3:00pm-4:00pm         | <b>26</b><br><b>Women’s Group</b><br>1:00 p.m. – 2:00 p.m.<br><b>Movies &amp; Board Games</b><br>2:00 p.m. – 4:30 p.m.<br><b>Yoga (BIWEEKLY)</b><br>2:00 p.m. – 3:00 p.m.   | <b>27</b>  | <b>28</b>  | <b>29</b>  |
| <b>30</b>   | <b>31</b>   |  |   |  |  |  |