

OH ROCS Recovery Center Monthly Calendar AUGUST 2025

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|---|--|---|
| Please be advised that ndividual Coaching Sessions take place. Monday Thru Thursday 8:00 am-1:00 pm & 4:30 pm-5:00 pm | Bowling Wednesdays Gun Post Lanes 1215 Gun Hill Road 4:00 pm until 6:00 pm | Run for Your Life! Tuesdays at Central Park 5:00 pm 7:00 pm Road Runners Club 320 West 57th Street | Telehealth Session Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm | | 1 The Round Table 1:00 p.m 2:00 p.m. Spirituality Group 2:00 p.m 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m 7:00 p.m. | 2 |
| 3 Resume Assistance and Overdose Prevention Training are available upon request. | 4 The Round Table 1:00 p.m 2:00 p.m. LBGTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00pm Movies & Board Games 3:00 p.m 4:30 p.m. | 5 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 6 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 12:00pm 1:00pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 7 Men's Group 1:00 p.m. – 2:00 p.m. Smoking Cessation 2:00 pm 3:30 pm PlayStation Games 2:00 pm 3:30 pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 8 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m. | Computer Class 12:00 p.m. – 2:00 p.m. Fitness Activities 3:00 pm 4:00 pm Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Father's Day Celebration 4:00 p.m. – 6:00 p.m. |
| 10 Follow-up Phone Calls | The Round Table 1:00 p.m 2:00 p.m. LBGTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00pm Movies & Board Games 3:00 p.m 4:30 p.m. | Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 12:00pm 1:00pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 14 Men's Group 1:00 p.m. – 2:00 p.m. Smoking Cessation 2:00 pm 3:30 pm PlayStation Games 2:00 pm 3:30 pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 15 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m. | 16 Computer Class 12:00 p.m. – 2:00 p.m. Fitness Activities 3:00 pm 4:00 pm Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS POT-LUCK 5:00 p.m7:00 p.m. |
| 17 Follow-up Phone Calls | 18 The Round Table 1:00 p.m. – 2:00 p.m. LBGTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00 pm Movies & Board Games 3:00 p.m. – 4:30 p.m. | 19 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 20 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 12:00pm 1:00pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 21 Men's Group 1:00 p.m. – 2:00 p.m. Smoking Cessation 2:00 pm 3:30 pm PlayStation Games 2:00 pm 3:30 pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 22 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m. | 23 Computer Class 12:00 p.m. – 2:00 p.m. Fitness Activities 3:00 pm 4:00 pm Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS BIRTHDAY CELEBRATIO 5:00 p.m7:00 p.m. |
| Follow-up Phone Calls 31 Follow-up Phone Calls | The Round Table 1:00 p.m 2:00 p.m. LBGTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00 pm Movies & Board Games 3:00 p.m 4:30 p.m | 26 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 12:00pm 1:00pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 28 Men's Group 1:00 p.m. – 2:00 p.m. Smoking Cessation 2:00 pm 3:30 pm PlayStation Games 2:00 pm 3:30 pm Movies & Board Games 2:00 p.m. – 4:30 p.m. | 29 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m. | 30 Computer Class 12:00 p.m. – 2:00 p.m. Fitness Activities 3:00 pm 4:00 pm Family & Me 4:00 p.m. – 5:00 p.m. 5:00 p.m7:00 p.m. |