## **Overview**

Connections to Care (C2C) offers a comprehensive array of services addressing our clients' mental health, physical well-being, and substance use requirements. Our approach involves direct provision of services and seamless coordination with other healthcare providers.

Our commitment extends to holistic support for individuals, families involved with ACS cases, and parents facing challenges related to substance use and misuse disorders. We facilitate vital connections to resources and services, empowering them to overcome obstacles, thrive, and achieve their aspirations.

### Do you have more questions? Contact us.



# Odyssey House

Where recovery gets real



FOR MORE INFORMATION:

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Outpatient Services

# Connections to Care

Community-based family, ndividual, and group substance use disorder treatment









Builds community connections





#### PURPOSE

The Connections to Care (C2C), grant is strategically designed to enhance access to a comprehensive spectrum of substance use services, particularly for underserved populations.

Collaborating closely with the NYC Administration for Children's Services (ACS), Odyssey House is | dedicated to prioritizing and connecting peri- and postpartum individuals and their families with personalized, recovery-focused, and trauma-informed services.

Within the scope of C2C's support framework for families and pregnant and postpartum individuals, our commitment involves conducting individual assessments and subsequently referring them to:

- Substance use treatment programs
- Medical and mental health care
- Intimate partner violence services
- Housing (subject to eligibility requirements)
- Legal assistance
- Support and advocacy for ACS cases
- Guidance in navigating HRA, including SNAP and EBT
- Assistance sourcing resources for childcare, education, employment, and more!

With C2C, we stand ready to offer comprehensive assistance and guidance to empower individuals and families on their journey toward wellness and success.

Guided by person-centered principles, the client and family care coordinator will collaborate to formulate a service plan tailored to the client's self-identified goals.

#### UTILIZING EVIDENCE-BASED HARMI

#### Harm Reduction Practices

Employing strategies grounded in evidence-based harm reduction practices to address the unique needs and challenges of the client.

#### **Incorporating Recovery Principles**

Integrating recovery-oriented principles into the service plan, with a specific emphasis on leveraging the valuable support of peers to enhance the client's journey toward wellness.

#### **Conducting Screenings and Assessments**

Employing thorough screenings and assessments to directly provide services through Odyssey House and/or facilitate coordinated care with other healthcare providers. This ensures a comprehensive and tailored approach to address the client's specific requirements.

**Sources:** National Alliance on Mental Illness; National Institutes of Health; National Institute of Mental Health; Center for Disease Control and Prevention; Department of Justice/Drug Enforcement Administration