



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar

JANUARY 2024

41Sun	Mon	Tue	Wed	Thu	Fri	Sat
Telehealth Sessions Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm	1 Open from 9 am - 3 pm Movies and Board Games	2 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	3 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00pm 3:00pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	4 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00 pm 3:30 pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	5 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	6 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Advisory Board Meeting 5:00 p.m. – 7:00 p.m.
7 Follow-up Phone Calls	8 The Round Table 1:00 p.m. – 2:00 p.m. LGBTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00pm Movies & Board Games 3:00 p.m. – 4:30 p.m.	9 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	10 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00pm 3:00pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	11 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	12 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	13 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Movie night 5:00 p.m. – 7:00 p.m.
14 Follow-up Phone Calls	15 Open from 9 am - 3 pm Movies and Board Games	16 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	17 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 pm 3:00 pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	18 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	19 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	20 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Pot-luck Dinner 5:00 p.m.-7:00 p.m.
21 Follow-up Phone Calls	22 The Round Table 1:00 p.m. – 2:00 p.m. LGBTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00 pm Movies & Board Games 3:00 p.m. – 4:30 p.m.	23 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	24 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 pm 3:00 pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	25 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	26 The Round Table 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30 pm 5:15 pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	27 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 3:00-4:00p.m OH ROCS Birthday Celebration 5:00 p.m. – 7:00 p.m.
28 Follow-up Phone Calls	29 The Round Table 1:00 p.m. – 2:00 p.m. LGBTQIA+ 2:00-3:00 Creative Arts 3:00 pm 4:00 pm Movies & Board Games 3:00 p.m. – 4:30 p.m.	30 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	31 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 pm 3:00 pm Movies & Board Games 2:00 p.m. – 4:30 p.m. Tree Lighting 5:00 pm 7:00 pm	Resumes Assistance and Overdose Prevention Training are Available upon request.	Please be advised Individual Coaching Sessions take place. Monday Thru Thursday 8:00 am-1:00 pm & 4:30 pm- 5:00 pm	Bowling Tuesdays Gun Post Lanes 1215 Gun Hill Road 4:00 pm until 6:00 pm