



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar

OCTOBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Follow-up Phone Calls	Telehealth Sessions Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm	Please be advised Individual Coaching sessions take place Monday-Thursday 8:00 am-1:00 pm & 4:30 pm- 5:00 pm	Resume assistance and overdose prevention training available upon request.			1 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Advisory Board Meeting 5:00 p.m. – 7:00 p.m.
2 Follow-up Phone Calls	3 Combined Women's and Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 3:00 p.m. – 4:30 p.m.	4 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	5 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	6 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	7 LGBTQIA 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	8 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Movie Hell Raiser 3 5:00 p.m. – 7:00 p.m.
Follow-up Phone Calls	10 Combined Women's and Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 3:00 p.m. – 4:30 p.m.	11 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	12 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	13 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	14 LGBTQIA 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	15 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Potluck 5:00 p.m.-7:00p.m.
Follow-up Phone Calls	17 Combined Women's and Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 3:00 p.m. – 4:30 p.m.	18 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	19 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	20 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	21 LGBTQIA 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	22 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Birthday Celebration 5:00 p.m. – 7:00 p.m.
Follow-up Phone Calls	24 Combined Women's and Men's Group	25 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	26 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	27 Men's Group 1:00 p.m. – 2:00 p.m. PlayStation Games 2:00pm 3:30pm Movies & Board Games 2:00 p.m. – 4:30 p.m.	28 LGBTQIA 1:00 p.m. – 2:00 p.m. Spirituality Group 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	29 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. OH ROCS Karaoke Night 5:30 p.m. – 7:00 p.m.
Follow-up Phone Calls	31 Combined Women's and Men's Group					