

## OH ROCS Recovery Center Monthly Calendar February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
elehealth Sessions Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm 6 Follow-up Phone Calls	Resume Assistance and Overdose Prevention Training available upon request.  7  Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m.	1 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. 8 Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games	Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.  9 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games	3 Men's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm 10 Men's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games	4 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m. 11 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP	5 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Supp 6:00 p.m. – 7:00 p.m. 12 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities
	2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	2:00 p.m. – 4:30 p.m.	2:00 p.m. – 4:30 p.m.  PlayStation Games 2:00pm 3:30pm	4:30pm 5:15pm <b>B.O.P. Peer Support</b> 5:30 p.m. – 7:00 p.m.	5:00 p.m. – 5:45 p.m OH ROCS Peer Supp 6:00 p.m. – 7:00 p.m
13 Follow-up Phone Calls	Women's Group 1:00 p.m. – 2:00 p.m.	Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	16  Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	17 Men's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	18 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	19 Computer Class 12:00 p.m. – 2:00 p.n Family & Me 4:00 p.m. – 5:00 p.n Fitness Activities 5:00 p.m. – 5:45 p.n OH ROCS Peer Supp Pot Luck 6:00 p.m. – 7:00 p.n
20 Follow-up Phone Calls	21 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m Movies & Board Games 2:00 p.m. – 4:30 p.m.	Men's Group 1:00 p.m. – 2:00 p.m. Bilingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	23  Women's Group 1:00 p.m 2:00 p.m.  Creative Arts 2:00 p.m 3:00 p.m.  Movies & Board Games 2:00 p.m 4:30 p.m.	24 Men's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	25 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	26 Computer Class 12:00 p.m. – 2:00 p.n. Family & Me 4:00 p.m. – 5:00 p.n. Fitness Activities 5:00 p.m. – 5:45 p.n. OH ROCS Peer Supp. 6:00 p.m. – 7:00 p.n.
27 Follow-up Phone Calls	28 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.			Please be advised individual coaching sessions take place Monday thru Thursday 8:00 am-1:00 pm & 4:30 pm-5:00 pm		