

OH ROCS Recovery Center Monthly Calendar November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Telehealth Session Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm	1 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	2 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	3 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	5 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	6 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
7 Support the Odyssey House Marathon Team	8 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	9 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	10 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	11 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	12 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	13 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
14 Follow-up Phone Calls	Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m Movies & Board Games 2:00 p.m. – 4:30 p.m.	16 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	17 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Recovery Movie 2:00 p.m. – 4:30 p.m.	18 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	19 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:15pm B.O.P. Peer Support 5:30 p.m. – 7:00 p.m.	20 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Pot Luck 6:00 p.m. – 7:00 p.m.
21 Follow-up Phone Calls	22 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	23 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	24 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Recovery Movie 2:00 p.m. – 4:30 p.m.	Open from 10:00am 3:00pm Movies and Board Games	Open from 10:00am 3:00pm Movies and Board Games	27 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Birthday Celebration 6:00 p.m. – 7:00 p.m.
28 Follow-up Phone Calls	29 Women's Group 1:00 p.m. – 2:00 p.m. Creative Arts 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	30 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	Resume Assistance and Overdose Prevention Training available upon request.	Please be advised Individual Coaching Session take place Monday Thru Thursday 8:00 am-1:00 pm & 4:30 pm- 5:00 pm		