



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar Mayo 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|--|--|---|
| Telehealth Session Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm | Please be advised Individual Coaching Session take place Monday Thru Thursday 8:00 am-1:00 pm & 4:30 pm-7:00 pm | Friday's Recovery Support Group Conference Call 6:00 pm – 7:00pm | Resume Assistance and Overdose Prevention Training Available upon request. | | | 1 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m. |
| 2 Follow-up Phone Calls | 3 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m. | 4 Men's Group 1:00 p.m. – 2:00 p.m. Arts & Crafts 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 3:30 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 5 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 6 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm | 7 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m. | 8 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m. |
| 9 Follow-up Phone Calls | 10 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 11 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. | 12 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 13 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm | 14 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m. | 15 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Pot Luck 6:00 p.m. – 7:00 p.m. |
| 16 Follow-up Phone Calls | 17 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m. | 18 Men's Group 1:00 p.m. – 2:00 p.m. Arts & Crafts 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 3:30 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 19 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 20 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm | 21 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m. | 22 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m. |
| 23 Follow-up Phone Calls | 24 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games | 25 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m. | 26 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. | 27 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm | 28 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m. | 29 |
| 30 Follow-up Phone Calls | 31 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games | | | | | |