



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar

April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Telehealth Sessions Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm	Please be advised Individual Coaching Sessions take place Monday Thru Thursday 8:00 am-1:00 pm & 4:30 pm-7:00 pm	Friday's Recovery Support Group Conference Call 6:00 pm – 7:00pm	Resume Assistance and Overdose Prevention Training available upon request.	1 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	2 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	3 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
4 Follow-up Phone Calls	5 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.	6 Men's Group 1:00 p.m. – 2:00 p.m. Arts & Crafts 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 3:30 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	7 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	8 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	9 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	10 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
11 Follow-up Phone Calls	12 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	13 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	14 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	15 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	16 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	17 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Pot Luck 6:00 p.m. – 7:00 p.m.
18 Follow-up Phone Calls	19 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.	20 Men's Group 1:00 p.m. – 2:00 p.m. Arts & Crafts 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 3:30 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	21 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	22 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	23 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	24 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
25 Follow-up Phone Calls	26 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.	27 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	28 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	29 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	30 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	