



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Telehealth Sessions Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm	1 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	2 Men's Group 1:00 p.m. – 2:00 p.m. Arts & Crafts 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 3:30 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	3 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	4 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	5 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm – 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	6 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
7 Follow-up Phone Calls	8 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.	9 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	10 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	11 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	12 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm – 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	13 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
14 Follow-up Phone Calls	15 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	16 Men's Group 1:00 p.m. – 2:00 p.m. Arts & Crafts 2:00 p.m. – 3:00 p.m. OH ROCS Fitness Walk 3:00 p.m. – 3:30 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	17 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	18 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	19 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm – 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	20 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
21 Follow-up Phone Calls	22 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.	23 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.	24 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.	25 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. PlayStation Games 2:00pm 3:30pm	26 LGBTQIA 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Social Hour at BOP 4:30pm – 5:30pm B.O.P. Peer Support 6:00 p.m. – 7:00 p.m.	27 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Fitness Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.
28 Follow-up Phone Calls		Please be advised Individual Coaching Sessions take place Monday Thru Thursday 8:00 am-1:00 pm & 4:30 pm-7:00 pm	Friday's Recovery Support Group Conference Call 6:00 pm – 7:00pm	Resume Assistance and Overdose Prevention Training available upon request.		