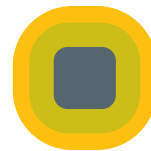


# PROGRAM HIGHLIGHTS

- Evidence-based practices: Motivational Interviewing, Strengthening Families Program, and Connecticut Community Addiction Recovery peer mentoring
- Family-focused services to strengthen family cohesion and support reunification, including parenting education and interventions and social and recreational activities
- Licensed on-site daycare and preschool programs
- Mental health promotion and assessment, prevention and treatment services, in a trauma-informed context
- Social services, including home visits, education, vocational, employment, financial, and health care services
- Assistance with community reintegration, before and after discharge, including referrals to appropriate services and resources
- Assistance in accessing federal, state, and local resources that provide a range of treatment services, including substance use, health, mental health, housing, employment, education, and training



**Odyssey House**

Where recovery gets real

FOR MORE INFORMATION:

George Rosenfeld Center for Recovery  
13 Hell Gate Circle  
New York, NY 10035

Admissions 866.888.7880  
[odysseyhousenyc.org](http://odysseyhousenyc.org)

Odyssey House

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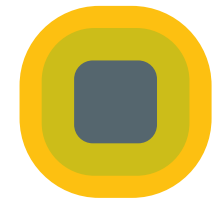
**HEALTHY**  
MOTHERS

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**HEALTHY**  
FAMILIES

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*Enhanced family treatment for pregnant women and mothers with infants*



**Odyssey House**

Where recovery gets real

The Odyssey House Family Center of Excellence is a comprehensive treatment program that provides a safe, supportive residential community for families.

Healthy Mothers, Healthy Families (HMHF) is a component of the Family Center for pregnant women, mothers with infants, and their families. HMHF brings in additional resources to engage the mothers' extended family members in the recovery process and provides continuity of care after completion of residential treatment.

Working with a Family Social Worker, participants engage in parenting education and interventions; home management and life skills training; and programs to strengthen and reunite the family.

## BUILDING STRONGER FAMILIES

At Odyssey House, we have been reaching out to pregnant women and the mothers of young children since the 1970s. Our groundbreaking, evidence-based treatment programs are proven to help break the cycle of substance use and strengthen the family unit.

Following successful completion of intensive residential treatment, the majority of mothers are abstinent from substance use, demonstrate a significant increase in knowledge of supportive parenting skills, exhibit improved interaction with their children, and show a significant reduction in depression.

## COMPREHENSIVE FAMILY SERVICES

Based at the George Rosenfeld Center for Recovery on Wards Island, our Family Center of Excellence provides a bright, safe and supportive environment for mothers to overcome substance use disorders and learn new life skills—from managing emotional stress to developing better parenting skills.

Medical care, health literacy, and educational/vocational counseling are also part of the treatment regimen, ensuring parents who leave Odyssey House will be ready to care for themselves and provide their children with a healthy, nurturing home.



For information on Odyssey House Healthy Mothers, Healthy Families and our range of treatment services, speak to an Admissions Specialist today.

Call 866.888.7880, or send an email to [Admissions@odysseyhousenyc.org](mailto:Admissions@odysseyhousenyc.org)