



Odyssey House  
Where recovery gets real

# OH ROCS Recovery Center Monthly Calendar January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Telehealth Sessions</b> Monday-Saturday 9:00 am-1:00 pm 2:00 pm-5:00 pm Conference Call Monday-Saturday 1:00 pm-2:00 pm	Please be advised Individual Coaching Session take place Monday through Thursday 8:00 am-1:00 pm & 4:30 pm-7:00 pm	<b>Friday's Recovery            Support Group            Conference Call            &amp;            6:00 pm – 7:00pm</b>	<b>Resume Assistance            and Overdose            Prevention Training            available upon            request.</b>		<b>1</b>  <b>Open            New Year's Day            10:00 am- 3:00 pm</b>	<b>2</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>3</b>  <b>Follow-up            Phone Calls</b>	<b>4</b>  <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>5</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>6</b>  <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>7</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>8</b>  <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>B.O.P. Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>9</b>  <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>10</b>  <b>Follow-up            Phone Calls</b>	<b>11</b>  <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>12</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>13</b>  <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>14</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>15</b>  <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>B.O.P. Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>16</b>  <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS</b> <b>Peer Support Pot Luck</b> 6:00 p.m. – 7:00 p.m.
<b>17</b>  <b>Follow-up            Phone Calls</b>	<b>18</b>  <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>19</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>20</b>  <b>Women's Group</b> 11:00 a.m. – 4:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>21</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>22</b>  <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>B.O.P. Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>23</b>  <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> <b>Birthday Celebration</b> 6:00 p.m. – 7:00 p.m.
<b>24</b>  <b>Follow-up            Phone Calls</b>	<b>25</b>  <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>26</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>27</b>  <b>Women's Group</b> 11:00 a.m. – 4:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>28</b>  <b>Men's Group</b> 1:00 p.m. – 2:00 p.m.  <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>29</b>  <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>B.O.P. Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>30</b>  <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>31</b>  <b>Follow-up            Phone Calls</b>						