



Odyssey House  
Where recovery gets real

## OH ROCS Recovery Center Monthly Calendar September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Telehealth Session</b> <b>Monday - Saturday</b> <b>9:00 am – 1:00 pm</b> <b>2:00pm – 5:00pm</b> <b>Conference Call</b> <b>Monday – Saturday</b> <b>1:00 pm – 2:00 pm</b>	<b>Please be advised</b> <b>Individual Coaching</b> <b>Sessions take place</b> <b>Monday thru Thursday</b> <b>8:00am – 1:00pm</b> <b>&amp;</b> <b>4:30 p.m. – 7:00p.m.</b>	<b>1</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>2</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>3</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>4</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>5</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>Fitness Activities</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>6</b> <b>Follow-up</b> <b>Phone Calls</b>	<b>7</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>8</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>9</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>10</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>11</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>12</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>Fitness Activities</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.
<b>13</b> <b>Follow-up</b> <b>Phone Calls</b>	<b>14</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>15</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.	<b>16</b> <b>Women's Group</b> 11:00 a.m. – 4:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>17</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>18</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>19</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>Fitness Activities</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support Pot Luck</b> 6:00 p.m. – 7:00 p.m.
<b>20</b> <b>Follow-up</b> <b>Phone Calls</b>	<b>21</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>22</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00pm-4:00pm	<b>23</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>24</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.	<b>25</b> <b>Arts &amp; Crafts</b> PENDING <b>LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.	<b>26</b> <b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>Fitness Activities</b> 5:00 p.m. – 5:45 p.m. <b>Birthday Celebration</b> 6:00 p.m. – 7:00 p.m.
<b>27</b> <b>Follow-up</b> <b>Phone Calls</b>	<b>28</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>29</b> <b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00pm-4:00pm	<b>30</b> <b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.	<b>Resume Assistance and</b> <b>Overdose</b> <b>Prevention Training</b> <b>available</b> <b>upon request</b>	<b>Recovery Support</b> <b>Group</b> <b>Conference Call</b> <b>Fridays</b> <b>6:00 pm – 7:00 pm</b>	