



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please be advised Individual Coaching Session take place Monday thru Thursday 8:00am – 1:00pm & 4:30 p.m. – 7:00p.m.</p>						<p>1 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Aerobic Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 pm-7:00 pm</p>
<p>2 Follow-up Phone Calls</p>	<p>3 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>4 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>5 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>6 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>7 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>8 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Aerobic Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>
<p>9 Resumes Assistance and Over Dose Prevention Training available upon request Follow-up Phone Calls</p>	<p>10 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.</p>	<p>11 Stand up for Recovery Day.</p>	<p>12 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>13 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>14 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>15 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Aerobic Activities 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Pot Luck 6:00 p.m. – 7:00 p.m.</p>
<p>16 Follow-up Phone Calls</p>	<p>17 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>18 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>19 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>20 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>21 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>22 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Aerobic Activities 5:00 p.m. – 5:45 p.m. Birthday Celebration 6:00 p.m. – 7:00 p.m.</p>
<p>23 Follow-up Phone Calls</p>	<p>24 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.</p>	<p>25 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00pm-4:00pm</p>	<p>26 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>27 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>28 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>29 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. Aerobic Activities 5:00 p.m. – 5:45 p.m. Birthday Celebration 6:00 p.m. – 7:00 p.m.</p>