



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please be advised Individual Coaching Session take place Monday thru Thursday 8:00am – 1:00pm & 4:30 p.m. – 7:00p.m.</p>					<p>1 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>2 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 pm-7:00 pm</p>
<p>3 New York City Marathon finish line support Follow-up Phone Calls</p>	<p>4 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>5 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>6 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>7 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Reel Recovery Film Festival 5 pm</p>	<p>8 LGBTQIA 1:00 pm-2:00 pm Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>9 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>
<p>10 Resume Assistance and Overdose Prevention Training available upon request Follow-up Phone Calls</p>	<p>11 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.</p>	<p>12 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>13 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>14 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>15 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>16 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Pot Luck 6:00 p.m. – 7:00 p.m.</p>
<p>17 Follow-up Phone Calls</p>	<p>18 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>19 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>20 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>21 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>22 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>23 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. Birthday Celebration 6:00 p.m. – 7:00 pm</p>
<p>24 Follow-up Phone Calls</p>	<p>25 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga (BIWEEKLY) 2:00 p.m. – 3:00 p.m.</p>	<p>26 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00pm-4:00pm</p>	<p>27 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>28 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>29 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>30 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>