



Odyssey House  
Where recovery gets real

## OH ROCS Recovery Center Monthly Calendar September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b></p> <p><b>Follow-up Phone Calls</b></p>	<p><b>2</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>3</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.</p>	<p><b>4</b></p> <p><b>8am-1pm individual sessions</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m..</p>	<p><b>5</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m.</p> <p><b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>6</b></p> <p><b>Recovery Coach training LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.</p>	<p><b>7</b></p> <p><b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.</p>
<p><b>8</b></p> <p><b>Follow-up Phone Calls</b></p>	<p><b>9</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>10</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.</p>	<p><b>11</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m..</p>	<p><b>12</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m.</p> <p><b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>13</b></p> <p><b>Recovery Coach training LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.</p>	<p><b>14</b></p> <p><b>Run for Your Life</b> 8:00 am-12:00pm</p>
<p><b>15</b></p> <p><b>Follow-up Phone Calls</b></p>	<p><b>16</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>Yoga (BIWEEKLY)</b> 2:00 p.m. – 3:00 p.m.</p>	<p><b>17</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.</p>	<p><b>18</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>19</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m.</p> <p><b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>20</b></p> <p><b>Recovery Coach training LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.</p>	<p><b>21</b></p> <p><b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support Pot Luck</b> 6:00 p.m. – 7:00 p.m.</p>
<p><b>22</b></p> <p><b>Follow-up Phone Calls</b></p>	<p><b>23</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>24</b></p> <p><b>Men's Group</b> 1:00 p.m. – 2:00 p.m. <b>Bi-lingual Support Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OH ROCS Fitness Walk</b> 3:00 p.m. – 4:00 p.m.</p>	<p><b>25</b></p> <p><b>Women's Group</b> 11:00 a.m. – 4:00 p.m. <b>Anger Management</b> 2:00 p.m. – 3:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>26</b></p> <p><b>Recovery Coach training Men's Group</b> 1:00 p.m. – 2:00 p.m.</p> <p><b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>	<p><b>27</b></p> <p><b>Recovery Coach training LGBTQIA</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m. <b>OHROCS Peer Support</b> 6:00 p.m. – 7:00 p.m.</p>	<p><b>28</b></p> <p><b>Computer Class</b> 12:00 p.m. – 2:00 p.m. <b>Family &amp; Me</b> 4:00 p.m. – 5:00 p.m. <b>ZUMBA</b> 5:00 p.m. – 5:45 p.m. <b>OH ROCS Peer Support Birthday Celebration</b> 6:00 p.m. – 7:00 p.m.</p>
<p><b>29</b></p> <p><b>Follow-up Phone Calls</b></p>	<p><b>30</b></p> <p><b>Women's Group</b> 1:00 p.m. – 2:00 p.m. <b>Movies &amp; Board Games</b> 2:00 p.m. – 4:30 p.m.</p>					