



Odyssey House
Where recovery gets real

OH ROCS Recovery Center Monthly Calendar July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please be advised Individual Coaching Session take place Monday thru Thursday 8:00am – 1:00pm & 4:30 p.m. – 7:00p.m.</p>	<p>1 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>2 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>3 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m..</p>	<p>4 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>5 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>6 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>
<p>7 Resumes Assistance and Overdose Prevention Training available upon request</p>	<p>8 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>9 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>10 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m..</p>	<p>11 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Movies in the park</p>	<p>12 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>13 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>
<p>14 Follow-up Phone Calls</p>	<p>15 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga/Meditation (BIWEEKLY) 2:00 p.m. – 3:00 p.m.</p>	<p>16 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>17 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>18 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>19 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>20 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Pot Luck 6:00 p.m. – 7:00 p.m.</p>
<p>21 Follow-up Phone Calls</p>	<p>22 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>23 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00 p.m. – 4:00 p.m.</p>	<p>24 Women's Group 11:00 a.m. – 4:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>	<p>25 Men's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Movies in the park</p>	<p>26 Arts & Crafts PENDING LGBTQIA 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OHROCS Peer Support 6:00 p.m. – 7:00 p.m.</p>	<p>27 Computer Class 12:00 p.m. – 2:00 p.m. Family & Me 4:00 p.m. – 5:00 p.m. ZUMBA 5:00 p.m. – 5:45 p.m. OH ROCS Peer Support Birthday Celebration 6:00 p.m. – 7:00 p.m.</p>
<p>28 Follow-up Phone Calls</p>	<p>29 Women's Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. Yoga/Meditation (BIWEEKLY) 2:00 p.m. – 3:00 p.m.</p>	<p>30 Men's Group 1:00 p.m. – 2:00 p.m. Bi-lingual Support Group 1:00 p.m. – 2:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m. OH ROCS Fitness Walk 3:00pm-4:00pm</p>	<p>31 Women's Group 1:00 p.m. – 2:00 p.m. Anger Management 2:00 p.m. – 3:00 p.m. Movies & Board Games 2:00 p.m. – 4:30 p.m.</p>			