

### It is the mission of Odyssey House:

To provide comprehensive and innovative services to the broadest range of metro New York's population who:

- Abuse drugs
- Abuse alcohol
- Suffer from mental illness

To provide high quality, holistic treatment impacting all major life spheres: psychological, physical, social, family, educational and spiritual.

To support personal rehabilitation, renewal and family restoration.

In all of its activities, Odyssey House undertakes to act as a responsible employer and member of the community, and manage the assets of the organization in a professional manner.

# WHERE RECOVERY GETS REAL

For 50 years, Odyssey House has been helping New Yorkers overcome substance abuse and mental health problems so they can start their lives over again. Not just clean, but with a clean slate.

We call it "getting real" about recovery. And that is more than a slogan. It is Odyssey House's way of supporting total well-being and promoting a healthy, happy and substance-free life.

Getting real means understanding the unique problems of New Yorkers because we are New Yorkers, too.

Getting real means providing integrated, personalized treatment plans that address physical and mental health needs, housing and family issues, and job and education goals.



## THE POWER OF PARTNERSHIPS



Leadership partners: Odyssey House Chairman Richard O'Connor (right) and Odyssey Foundation Chairman George Rosenfeld.

Rising to challenges, creating places of sanctuary, and seeing the potential in people and places that others may have stepped away from is where Odyssey House excels.

For more than 50 years, we have been a beacon of hope to thousands of men, women, and children in crisis. The majority of the people who turn to us for help not only struggle with the debilitating effects of substance abuse and mental illness, they face considerable challenges in getting the treatment services they need.

We have been steadily chipping away at this unfair disparity for decades. Since 1967, we have offered people with substance use disorders ways to overcome addiction that emphasize community support, building a healthy life, creating and achieving education and work goals, and giving back to others.

In this report, we celebrate our mission with an outstanding achievement – the opening of the George Rosenfeld Center for Recovery (GRCR). This new residential treatment center will serve some of the most vulnerable members of our society affected by substance abuse: pregnant women; mothers with babies and young children; teen girls; and senior citizens.

We are especially proud to name this center in recognition of Odyssey Foundation Chairman, Mr. George Rosenfeld, for his visionary and compassionate public service leadership as Chairman of Odyssey House (2002–2012) and his continued leadership of the Foundation. An advocate for the care and well-being of elderly substance abusers, George's far-sighted recognition of their distinct needs led to the founding of the Odyssey House ElderCare Program and its permanent home at our newly renovated family treatment center.

The GRCR joins our citywide treatment and housing services/ system as further testament to the strong relationships Odyssey House enjoys with many supportive partners.

In New York State, we thank the Office of Alcoholism and Substance Abuse Services, the Office of Mental Health, and the Department of Corrections and Community Supervision.

In New York City, we thank the Department of Housing Preservation and Development, elected representatives, community and business leaders, neighborhood associations, other social service providers, and our public health and safety representatives.

And, on the national level, we thank our partners at the Substance Abuse and Mental Health Services Administration and the White House Office of National Drug Control Policy.

I am also thankful to the clinical, administrative, and management staffs; my colleagues on the Boards of Trustees; our philanthropic, corporate, and foundation partners; and the many friends of Odyssey House who support us throughout the year.

Richard C. O'Connor Chairman, Odyssey House

# TREATMENT AND RECOVERY: INVESTMENTS THAT SAVE LIVES



In 2016, drug overdose deaths most likely exceeded 59,000 across the United States<sup>1</sup>. Experts are calling it the worse overdose epidemic in American history, spurred by rising drug abuse, and increased availability of prescription opioids.

Every day, Odyssey House is

on the front lines of a public health crisis that overwhelms hospital emergency rooms, police services, homeless shelters, and families. Residential treatment centers that provide intensive, long-term care are helping to push back on this epidemic and stop it from destroying more lives. However, our ability to do this depends on the resolve to invest in treatment services that combine behavioral therapy, medication-assisted treatment, vocational and educational services, and medical care. This is a broad mandate, but it is nothing compared to the cost of thousands of lost lives, and the ongoing impact overdose deaths have on communities and families.

As we continue to confront the stigma of addiction, Odyssey House is forging ahead with programs and services that represent the future of treatment: hope, resiliency, and redemption.

In this annual report, we celebrate 50 years of service to vulnerable New Yorkers with the opening of the George Rosenfeld Center for Recovery (GRCR), a renovated 100-year-old former hospital on Wards Island that now houses intensive residential treatment services for women with young children and infants; adolescent girls; and senior citizens.

I have worked in residential treatment centers for 30 years, and strongly believe that space matters. Throughout the GRCR, we paid attention to the comfort and care of clients. Environment, light, color, security, and order influence the individual's sense of hope, dignity and possibility. This magnificent new facility epitomizes our mission to provide high quality, holistic treatment services in a dignified setting.

In recent years, we have also grown our services through the construction of supportive housing buildings and transitional housing programs that today make it possible for 420 formerly homeless families and individuals with behavioral health disorders to live independently within the community.

We have extended our reach into the community with outpatient and recovery programs that increase access to treatment services for people outside a residential setting, and support individuals in transition to community living.

It is impossible to predict what societal challenges the next 50 years will bring, but Odyssey House is laying the groundwork today with forward-looking, innovative treatment programs, renovated facilities, new apartment buildings, and recovery centers that will continue our mission of hope and possibility for generations to come.

Peter Provet, Ph.D. President and CEO



# WHAT WE CAN DO TOGETHER

In 2016, Odyssey House provided:

257,325

Days of residential treatment



16,640

**Outpatient** visits



8,685

Primary medical care and dental visits



420

Subsidized supportive housing apartments



22,880

Mental health housing case management hours



4,470

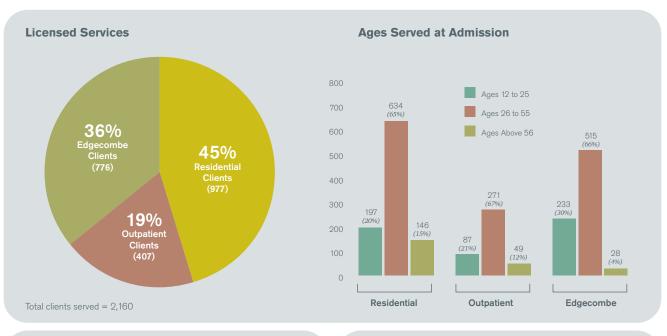
Classroom hours

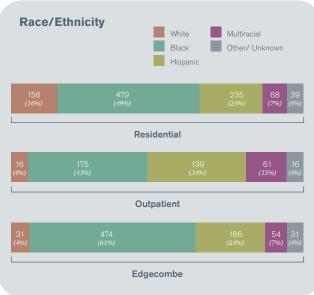




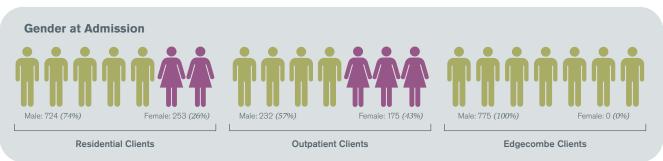
# **WHO WE SERVE**

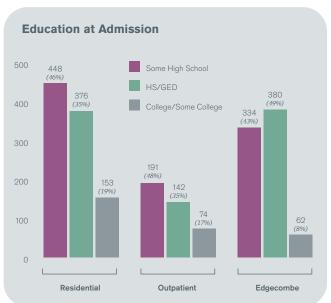
## Residential, Outpatient, and Edgecombe\* Treatment

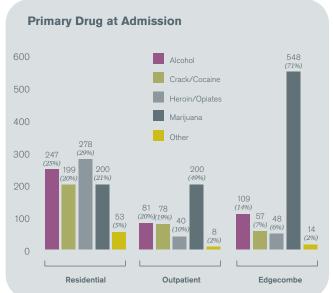


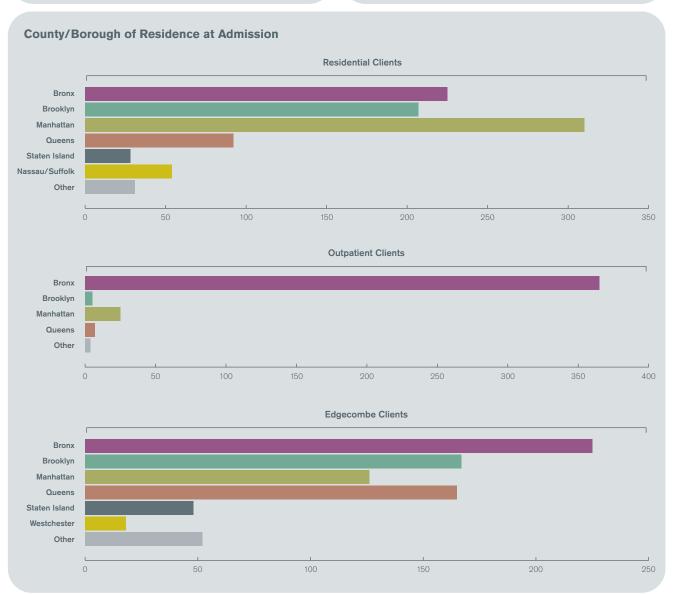


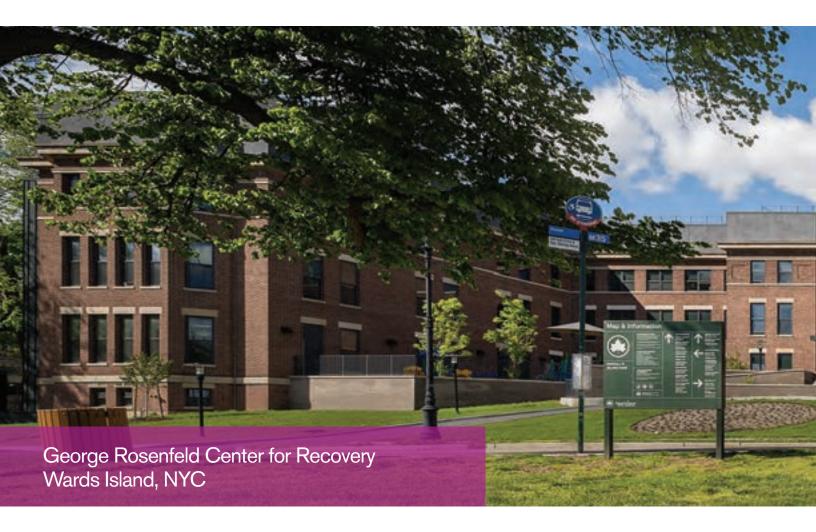
















Odyssey House has a strong tradition of providing a place of sanctuary for clients and families to focus on overcoming addiction, develop coping skills, and build lifelong recovery. Because everyone has different needs, we personalize our residential and outpatient treatment programs to each person who walks through our doors.

We believe that integrated behavioral health care—a holistic form of treatment that addresses physical, psychiatric, social, and spiritual well-being, as well as family relationships and education—is the most effective approach to achieving a healthy recovery.

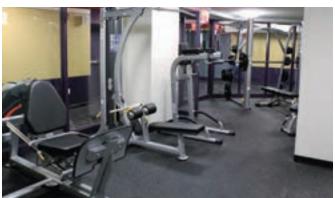
A safe and supportive environment is a fundamental part of the treatment experience. Residents are encouraged to relate to others and foster a feeling of safety that helps them focus on their recovery and learn about their addiction. An environment that reflects respect and dignity helps clients engage in their community and reduces feelings of institutionalization that can inhibit individual growth and learning.



The George Rosenfeld Center for Recovery (GRCR) is a multi-generational behavioral health treatment center with a focus on intensive substance abuse services for women and older adults.

The 231-bed residential complex opened in the spring of 2017 following a major restoration undertaken in partnership with New York State Office of Alcoholism and Substance Abuse Services (OASAS). The renovation project reclaimed and enhanced the original historic structure, built in 1915 as a hospital for psychiatric patients, to create a modern family treatment center for women and children and older adults 55 years of age and older.

In keeping with treatment services offered throughout the Odyssey House system, residential care at GRCR embraces a holistic continuum of evidence-based behavioral health care. Individually developed treatment plans incorporate a range of services including medical care and medication-assisted treatment; counseling, group therapy, and case management; educational and vocational training; fitness and art activities; peer-supported recovery and housing programs.





# AN ADVOCATE FOR REDEMPTION



For more than two decades, George Rosenfeld has helped lead and shape Odyssey House. His visionary and compassionate public service leadership as Chairman of Odyssey House (2002-2012) and then as Chairman of Odyssey Foundation has helped save the lives of thousands of men and women suffering from substance use and mental health disorders.

An advocate for the care and well-being of elderly substance abusers, his farsighted recognition of their distinct needs led to the founding of the Odyssey House ElderCare Program and its permanent home at our newly renovated family treatment center on Ward's Island in Upper Manhattan — a center we are proud to name the George Rosenfeld Center for Recovery.

We are immensely fortunate and grateful that George chose to join the cause at Odyssey House. He has donated his time and resources to those who often have few friends and allies as they struggle to overcome addiction and mental health challenges.

We cannot imagine a kinder, more thoughtful, or more compassionate leader. He is the cheerleader of cheerleaders. He has guided us through challenges and prepared us to make the most of opportunities to do more for the people we serve, and to do it better.

As we prepared to open the 231-bed residential treatment center for women, mothers with children, and older adults, we asked George to share with us how his commitment to public

service evolved into championing the cause of underserved and stigmatized substance abusers.

"Before I joined Odyssey House I had been closely involved in developing a hospice for AIDS patients, Rivington House in New York's Lower East Side, which opened in 1993 at the height of the epidemic. Once the hospice opened and I felt that the project was in good hands, I was inspired to look further afield for other causes I could get involved with.

It didn't take long. I heard a testimony at a New York City Council meeting, which gave statistics on the number of people in NYC addicted to drugs and alcohol and talked about an organization that was making a dent in these numbers — Odyssey House.

I wanted to hear more, and in 1997 I was introduced to the organization, met with the board, and they invited me to join them.

Early in my role as board member I visited Odyssey House's treatment centers in New York City. One facility in particular captured my interest, a 100-year-old semiabandoned former psychiatric hospital perched on a small hill practically underneath the Triborough Bridge. The facility was located on Wards Island — a veritable noman's land on the East River between East Harlem, The Bronx, and Queens — that is also home to Manhattan Psychiatric Center and other social service agencies.

Despite the dilapidated state of much of the building, the center I visited that day was a thriving treatment community where Odyssey House cared for a variety of recovering substance abusers, including women mandated by family courts, many of whom were pregnant, or caring for young children. At this center (known then as the MABON for Mothers And Babies Off Narcotics since its founding in 1973), Odyssey House not only provided essential shelter and therapy for women who were vulnerable and often abused, but it also cared for their babies and toddlers. When I saw the babies asleep in their cribs next to their moms, I knew I had joined a very special organization.

It was my dream to someday persuade the State of New York to help us renovate the entire building and provide this service to more young families. It took 20 years, but that dream has finally come true.

I couldn't be prouder of Odyssey House and more grateful to our many supporters who made this dream a reality."

Like George, Odyssey House is proud that this new family center, GRCR, brings together elders, women, and mothers with young children and establishes a multigenerational community dedicated to forging a healthy future together.



## **IN CELEBRATION OF OUR 50TH ANNIVERSARY**

In commemoration of our 50th anniversary, each month we have been sharing a story that highlights one of our programs or treatment populations. Here are highlights from our yearlong celebration. For the full stories, visit our website at odysseyhousenyc.org/category/50th-anniversary.



"I am so thankful to Odyssey House for giving me my own place, one that allows me to move freely. It is my sanctuary."



"Being in treatment helped me open up to others, understand that the way I was living was wrong, and bridge the gap between me and my family."

Marshall, 57
Park Avenue supportive housing





'Here I can work through my issues and work towards my goals, so I can be the best mother I can be."

Since earning his high school equivalency degree at Odyssey House, Chane has learned that his focus and persistence are powerful tools that he can use for both his recovery and his career.

Jacqueline, 36 Family Center





"I was given a second chance and I feel it's my duty to help others like me get their second chance."

Hamilton, 24 Leadership Center

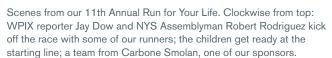


"ElderCare gave me the hope and push I needed to stay on track to continue my recovery. I am two years clean and I feel wonderful."

**Sheryl, 53** *ElderCare/Outpatient Services* 











A fourth grade class in Queens created and delivered holiday cards for our clients in the ElderCare program, as part of a lesson on embodying the idea of giving rather than focus on what they would be receiving.



Members of the Odyssey House Board of Trustees celebrating the opening of the George Rosenfeld Center for Recovery. From left, Dwain Carryl, Grant Miller, George Rosenfeld, George Suttles, and Konstantin Richter.

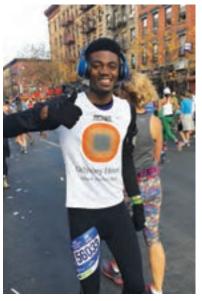


Above: Odyssey House Board Member Ed Watson brought cheer – and presents – to Manor Family Center children's holiday party. Right: The Class of 2016 celebrates their achievement: earning their high school equivalency diplomas.





Above: Odyssey House President Dr. Peter Provet (back row, center) and NYS OASAS Commissioner Arlene Gonzalez-Sanchez (front row, center) announce a new street outreach initiative at a press conference held at the Manor Family Center in East Harlem. Right: One of our supportive housing tenants stopped to greet his supporters at the NYC Marathon.



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### ODYSSEY HOUSE, INC. (NEW YORK) AND SUBSIDIARIES

Consolidated Balance Sheet

Consolidated Dalance Office

June 30

ASSETS	2016	2015
Current Assets:		
Cash and cash equivalents	11,144,565	8,207,417
Client services receivable	2,501,076	3,977,507
Grants and contracts receivable	1,650,467	2,795,780
Due from affiliate	1,870	41,739
Prepaid expenses and other current assets	1,473,219	949,176
Surety Bond Fund	516,501	516,501
Cash held on behalf of welfare clients	364,649	318,897
Total Current Assets	17,652,347	16,807,017
Interest in Net Assets of Odyssey Foundation		
of New York, Inc.	140,269	169,397
Property, Plant and Equipment, net	73,108,954	68,658,038
Investments held for deferred compensation plan	821,166	793,500
Total Assets	91,722,736	86,427,952

**LIABILITIES AND NET ASSETS** 

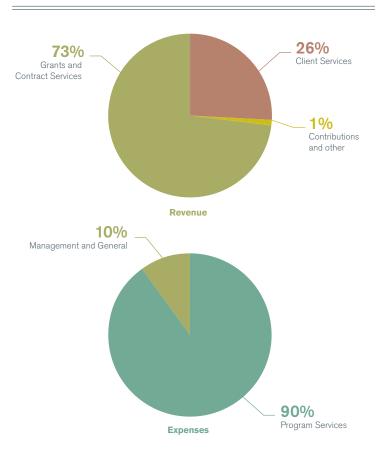
Current Liabilities:		
Accounts payable and accrued expenses	3,118,252	2,258,166
Accrued compensation	807,157	791,990
Funds held on behalf of welfare clients	364,649	318,897
Current maturities of mortgages payable	1,472,458	1,407,413
Advances from OASAS	832,661	832,661
Refundable advances	9,755,258	7,430,069
Due to contractor	-	37,078
Due to third parties	693,114	692,508
Deferred Revenue, current portion	209,178	209,178
Total Current Liabilities	17,252,727	13,977,960
Long-term Liabilities:		
Mortgages payable, less current portion	30,300,918	31,773,376
Deferred revenue, less of current portion	25,589,672	19,425,343
Due to contractor, less of current portion	721,724	826,832
Loan payable to Odyssey Foundation		
of New York, Inc.	-	341,312
Deferred compensation	821,166	793,500
Total Long-term Liabilities	57,433,480	53,160,363
Total Liabilities	74,686,207	67,138,323
Net Assets:		
Unrestricted - Controlling interest	18,376,000	18,413,836
Unrestricted - Noncontrolling interest in	,	
subsidiaries and limited partnerships	(1,479,740)	706,396
Temporarily restricted	140,269	169,397
Total Net Assets	17,036,529	19,289,629
Total Liabilities and Net Assets	91,722,736	86,427,952

Currency amounts represented in U.S. dollars (USD).

Consolidated Statement of Operations and Changes in Net Assets

#### Year Ended June 30

2016 8,361,998 23,875,989 97,034 362,315 354,468 33,051,804	2015 9,797,128 23,526,395 147,172 335,838 - 33,806,533
23,875,989 97,034 362,315 354,468 33,051,804	23,526,395 147,172 335,838 - 33,806,533
97,034 362,315 354,468 33,051,804	147,172 335,838 - 33,806,533 31,421,473
362,315 354,468 33,051,804	335,838 - 33,806,533 31,421,473
354,468 33,051,804 31,666,877	33,806,533
33,051,804	31,421,473
31,666,877	31,421,473
	0.000,000
3,608,899	3,662,309
35,275,776	35,083,782
2,223,972)	(1,277,249)
(29,128)	13,281
(2,253,100)	(1,263,968)
	577,069
	(686,899)
(2,253,100)	19,976,528
(2,253,100) 19,289,629	
	2,253,100)



#### Admissions

219 East 121st Street New York, NY 10035 (866) 888-7880

#### **Treatment Centers**

#### Young Adult Treatment Services

Odyssey House Leadership Center 309-311 6<sup>th</sup> Street New York, NY 10003 (212) 780-1515

Odyssey House Lafayette Avenue 1264 Lafayette Avenue Bronx, NY 10474 (718) 378-8671

#### **Adult Treatment Services**

Odyssey House Manor 219 East 121<sup>st</sup> Street New York, NY 10035 (212) 987-5120

Odyssey House Engagement Unit 219 East 121<sup>st</sup> Street New York, NY 10035 (212) 987-5120

Odyssey House ElderCare Program 13 Hell Gate Circle Wards Island, NY 10035 (212) 426-6633

Edgecombe Residential Treatment Program 611 Edgecombe Avenue New York, NY 10032 (212) 923-2575

#### Family Center of Excellence

George Rosenfeld Center for Recovery 13 Hell Gate Circle Wards Island, NY 10035 (212) 426-6633

#### Housing

Odyssey House Family Re-Entry 1328 Clinton Avenue, Suite 1A Bronx, NY 10456 (718) 378-8995

Odyssey House Haven 239 East 121<sup>st</sup> Street New York, NY 10035 (917) 492-2582

Odyssey House Harbor 246 East 121<sup>st</sup> Street New York, NY 10035 (212) 987-5151

Odyssey House Park Avenue 113 East 123<sup>rd</sup> Street New York, NY 10035 (646) 794-6240

Odyssey House Shelter Plus Care 1328 Clinton Avenue, Suite 1A Bronx, NY 10456 (917) 492-2582

Odyssey House Soundview Avenue 715 Soundview Avenue Bronx, NY 10473 (646) 378-5967

Odyssey House Tinton Avenue 880 Tinton Avenue Bronx, NY 10456 (646) 744-2451

### **Outpatient Services**

Odyssey House Outpatient Services 953 Southern Boulevard Bronx, NY 10459 (718) 860-2994

Odyssey House Recovery Center 2038 Davidson Avenue Bronx, NY 10453 (646) 934-7480

#### Medical & Dental Services

Odyssey House Health Care Clinics 219 East 121<sup>st</sup> Street New York, NY 10035 (212) 987-5133

