



Connect your device to your member website!



You can connect your fitness device or app to your Health Advocate member website! Nearly 100 different fitness devices and apps from 25 leading manufacturers are supported, including:

- Fitbit®
- Jawbone UP
- RunKeeper
- Withings
- Garmin Connect


And many more! Log on to your member website to see the complete list of supported devices and apps.

Depending upon your specific device or app, your Steps, Time Exercised, Distance Exercised, Weight, and/or Sleep may be imported into the trackers available on your member website.

Getting started is easy!

Just follow these simple steps:

[Log in >>](#)

- Log in to HealthAdvocate.com/members
- Hover your cursor over the gear symbol  in the upper right hand corner
- From the drop-down menu, select "Manage Fitness Devices"
- In the "Fitness Devices & Apps" section, choose your fitness device and click the "+Device" button
- Follow the steps to grant access to share the device's data
- You'll be directed to a confirmation page on your member website when your device has been successfully added. On that same page, just click the "Sync Device" button to import data.

Once the above steps are completed, your data will automatically sync each night!

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