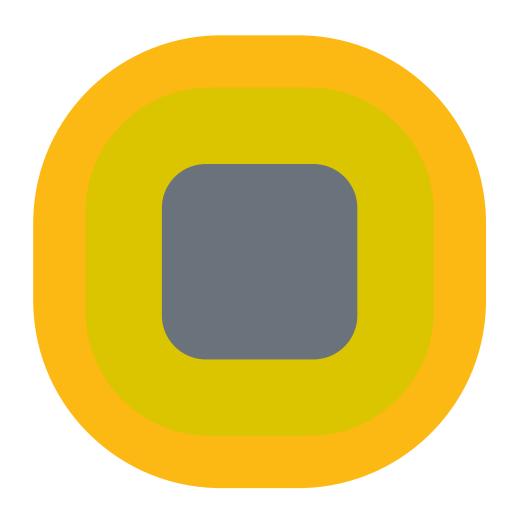
Annual Report 2010



Odyssey House®

Where recovery lives

It is the mission of Odyssey House:

To provide comprehensive and innovative services to the broadest range of metro New York's population who:

- Abuse drugs
- Abuse alcohol
- Suffer from mental illness

To provide high quality, holistic treatment impacting all major life spheres: psychological, physical, social, family, educational and spiritual.

To support personal rehabilitation, renewal and family restoration

In all of its activities, Odyssey House undertakes to act as a responsible employer and member of the community, and manage the assets of the organization in a professional manner.

Where Recovery Lives and Lives are Changed

The title of this year's annual report, Where Recovery Lives and Lives are Changed, is a recurrent theme in substance abuse and mental health treatment at Odyssey House and guides everything we do to help people lead more fulfilling and productive lives.

From its very beginning in 1967, Odyssey House has invested in developing innovative treatment services that meet the needs of today's population and predict how those needs will change in the future. For example, we were one of the first treatment providers to see the need for discrete services for the increasing number of older substance abusers. The Odyssey House ElderCare Program has more than tripled in size since it was established in 1997, and now numbers 70 beds plus a dedicated outpatient track for seniors living in the community.

As the population of substance abusers changes, we have grown and adapted along with the demand for more specialized services. This year we celebrated this evolution with a new identity that captures the organization's growth from a single-service treatment provider to a comprehensive social services agency that now includes mental health, medical, dental, educational, vocational, and housing services.

Our new identity is brought together under the banner of a vibrant logo that uses a palette of five complementary colors to express the diversity of treatment populations and range of services we provide. The logo begins with a neutral gray tone in the center, representing the bedrock of the organization and the foundation on which recovery is built. The mark then pulses outward shifting into a more saturated color with a touch of gray tone, telling a story of progress and of a determination to achieve a balanced and healthy life. Achieving a near circular final stage, the logo finally reaches its full energy, suggesting the bright promise of recovery for individuals who are ready to return to society with focus and purpose, all the while illuminating "where recovery lives."



Open Door to Recovery

Recovery begins the moment a person says "I want to change my life, and I need help to get there." Asking for help is the first step in a challenging process of self-discovery that takes an individual from addiction to the ultimate goal of a sustained sobriety. But it is not an easy process. Addiction is now known to be a chronic relapsing disease that exerts a stubborn hold on individuals who, for a variety of psychological, biological, and socioeconomic reasons, become chemically dependent on a range of substances from legal and illicit drugs to alcohol and tobacco.

At Odyssey House we admit more than 2,200 people a year into our residential and outpatient programs. The programs we offer are as varied as the people we treat and span a broad range of populations from pregnant women and women with children; teenagers; adults; seniors; people living with HIV/AIDS and other chronic medical conditions; and people with mental illness. Many of the individuals and families we care for are homeless, some were arrested on low-level drug charges and were referred to treatment from alternative-to-incarceration programs; others are transferred from hospital detox and psychiatric centers, and still more are referred by family members who do not know where else to turn for help.

It does not matter how an individual arrives at our door. We welcome everyone taking his or her first step on the road to recovery.



ElderCare residents James and Raphael are overcoming decades of alcoholism and drug addiction. Their stories, along with others in recovery at Odyssey House, are now available as online videos. Go to odysseyhouseinc.org and witness how treatment is making a difference



Gender-specific residential treatment for adolescents offers young people like Renique the chance to develop new skills and make the transition to adulthood in a supportive environment. Hear her story at odysseyhouseinc.org

The Evolution of Recovery: Ensuring Continuum of Care

There is no greater goal in treatment than helping individuals achieve healthy, productive lives. Every day at Odyssey House we witness people taking steps to change their lives for the better. Sometimes the steps are small and tentative, as when a mother reclaims her sense of self and starts to feel connected to her children. Other times the changes are swift and dramatic, as a troubled teenager seizes the opportunity to restart his life and emerges from treatment as a goal-oriented young adult. Last year more than 2,200 people enrolled in our treatment programs. Of these, the majority go on to lead productive, sober lives, and those who relapse often return to treatment at a later date, encouraged to keep working towards recovery.

Enhancing Our Community Services

We would not be able to achieve these goals without our partners in government, private foundations, and corporations who work with us to help people struggling with substance abuse and mental health problems. Because of their support Odyssey House continues to grow and change. In 2010 we opened Odyssey House Park Avenue, a 50-bed supportive housing building on East 123^{rd} Street for people with mental illness who are making the transition from institutional care to independent living. Developed in partnership with the New York State Office of Mental Health for capital and operational funding and with New York City Department of Housing Preservation and Development for land acquisition, the five-story brick-faced building was designed to blend in with the historic brownstone and brick architecture prevalent in this neighborhood. We worked closely with our neighbors on the community board over several years of planning to create a building that both complements the neighborhood and is welcoming to the tenants.

Partnering With Our Supporters

The year also brought new partnerships with organizations and volunteer groups from across New York State who joined our annual "Run for Your Life" 5K race and helped turn the event into an inspiring day-long celebration of recovery for more than 3,000 people. We are grateful to New York State Office of Alcoholism and Substance Abuse Services for their leadership role in this effort and for making recovery possible for so many struggling New Yorkers. We also appreciate the support of our colleagues in treatment and recovery communities, our friends at the many foundations who support us, including Aetna, UPS, The Elizabeth and Barets O. Benjamin Foundation, and the Rosenback Foundation. We also thank members of the Boards of Trustees of Odyssey House and Odyssey Foundation for their stewardship of the organization's mission, and our dedicated clinical and administrative staff.

This year's annual report reflects our continued evolution as a comprehensive social services organization where vulnerable individuals and families are helped to overcome problems stemming from substance abuse, medical and mental illnesses, and homelessness. This is also our first report to include online interviews with men and women in treatment. These short videos bring our mission to life. We encourage you to visit **odysseyhouseinc.org** and see *where recovery lives*.

Thank you for your ongoing support.

Sincerely,



George Rosenfeld
Chairman
Odyssey House and Odyssey Foundation
Boards of Trustees



Peter Provet, Ph.D.President and Chief Executive Officer
Odyssey House and Odyssey Foundation

Taking Recovery into the Community

Innovative programs that address the ongoing needs of people with substance abuse and mental health problems are a hallmark of Odyssey House treatment. Along with intensive residential and outpatient services that provide access to primary medical and dental care and offer educational and vocational support, our approach to recovery includes community-based services that promote independent sober living.

In the last several years Odyssey House has been awarded five federal grants from the Substance Abuse and Mental Health Services Administration (SAMHSA) that recognize our commitment to innovation and excellence in delivering community-based treatment services. This year's annual report looks at three of the current grants that support distinct substance abusing populations: women with children; older teens; young adults and their families; and adults in early recovery. Each of these new services enhances recovery by utilizing treatment expertise to reach out to extended family while accessing community resources.

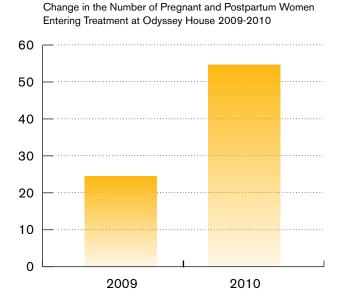
Healthy Mothers Healthy Families

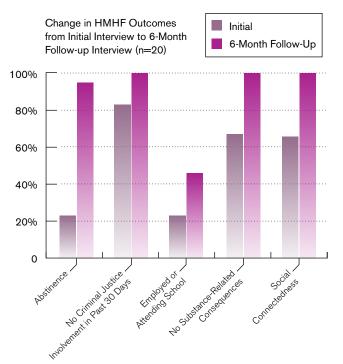
Residential family treatment for pregnant women and women with young children

At Odyssey House we have been reaching out to pregnant women and mothers of young children since the 1970s. Our

ground-breaking, evidence-based treatment programs are proven to help break the cycle of drug abuse and strengthen the family unit. Following successful completion of long-term treatment the majority of mothers are abstinent from drug and alcohol use, can demonstrate a significant increase in knowledge of parenting skills, exhibit improved interaction with their children, and show a significant reduction in depression.

Healthy Mothers Healthy Families (HMHF) is a component of the Odyssey House Family Center of Excellence, a comprehensive treatment service that provides a safe, supportive residential community for young families. Mothers and pregnant women with substance use disorders live with their young children and babies in community-based family treatment centers where the emphasis is on beginning drugfree lives and creating a nurturing home. Women address the problems that have led them to drugs and prevented them from





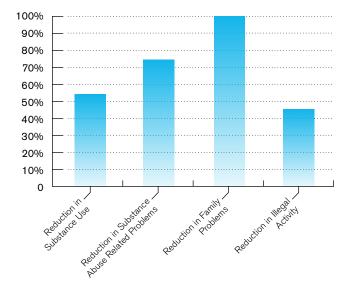
being responsible mothers, while their children take part in daycare and preschool programs that help them develop intellectual and social skills.

The goal of this program is to strengthen the families of women who are in treatment for substance abuse problems and who are, or wish to be, the custodial parent of their young children. With the support of licensed social workers and certified alcohol and substance abuse counselors, at least 150 women and 225 children participate in a range of enhanced therapeutic interventions designed to reinforce connections with family members, including the children's fathers.

Community-based Recovery Services for Young Adults

The transition from adolescence to young adulthood can be a difficult period for many young people, but for those with histories of substance abuse, navigating this process can be especially challenging. To help these youth (many of whom have aged out of foster care, school-based, or other intervention services) emerge as independent and drug-free young adults, Odyssey House has established an alternative treatment program that offers community-based individual and family support outside the purview of traditional residential and outpatient programs.

Reduction in Substance Abuse Related Outcomes for BUY-IN Clients from Initial to Follow-up Interview (n=26)





Making a smooth transition from treatment to independent living is easier with the support of peers. <u>Ebony and Ada</u> talk about how they are making it work for each other at odysseyhouseinc.org

Called Bronx Urban Youth Initiative, or BUY-In, this is an evidence-based program that has been proven effective in empowering 18-24 year olds to make healthy lifestyle changes on their own through skill-building activities and utilizing resources within their home communities. The program is divided into two consecutive parts: Adolescent Community Reinforcement Approach (ACRA) and Assertive Continuing Care (ACC).

ACRA focuses on participants' personal needs. Counseling goals are determined through homework assignments and weekly individual sessions. The ACRA portion typically works on building motivation, drug/drink refusal, problem solving, job finding, and communication skills, and can include family support/family therapy, and involvement in pro-social activities.

ACC is a community-based case management approach that reinforces skills learned in ACRA. Counselors act as advocates for participants, often having family/caregiver sessions in the home and accompanying participants on agency visits, school visits, or court appointments.

Odyssey House Recovery Oriented Care System (OH ROCS)

One of the most relapse-prone times for former substance abusers is the period following the conclusion of formal treatment services. During this period individuals, who in treatment have managed to maintain a drug-free lifestyle, find that the transition to independent living can be isolating without the support of a peer group.



Recovery coach **Bernard** and mentee **Jason** are new recruits in the OH ROCS program. Find out at odysseyhouseinc.org how being involved and staying connected help these men stay focused on recovery

The purpose of this project is to enhance recovery-oriented services at the existing Odyssey House Outpatient Clinic using evidence-based practices. The goal of the OH ROCS program is to support people in the early stages of recovery. After receiving formal training, volunteer mentors (who receive a small stipend) are paired with individual mentees who are in the earliest stage of recovery and work closely with them to achieve the goals defined in the mentees' recovery plans (see diagram below).

Eight Domains of OHROCS Recovery Plan



Peer support practices that engage individuals in the recovery process as they transition to independent, sober living are proven to reduce drug use during and after treatment and improve social connectedness, quality of life, and self-image. Therapeutic community-based programs such as Odyssey House have successfully utilized the strength of peer networks since they were created in response to the heroin epidemic that ravaged American cities in the 1960s and the crack/ cocaine scourge decades later. This new program is an extension of this proven model and provides people new to recovery with access to a network of experienced peers who have successfully navigated the transition from treatment to independent, sober living. Peer mentors are trained in personal coaching techniques that aide mentees in developing recovery plans, organize peer-to-peer support groups, and offer goal-oriented incentives.

Treatment is already a bargain compared to the significant costs attributed to untreated addiction, from loss of income, increased use of social and medical services, and the high price of criminal justice services. By extending our services with this low-cost recovery network we will provide the taxpayer with even greater savings. OH ROCS enrolled its first mentees in January 2011 and is on target to serve a projected 330 individuals in early recovery within three years.

Measuring Where Recovery Lives

Each year Odyssey House program outcomes are measured against similar programs throughout New York State, and every year our performance is consistently better than both the averages and targets set by New York State Office of Alcoholism and Substance Abuse Services (OASAS) in the key indicators of abstinence and length of time clients remained in treatment (see graphs, p. 7).

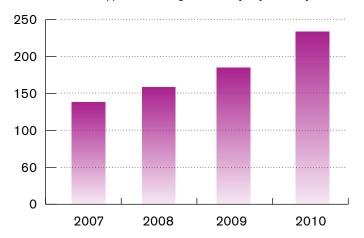
These measurements are important because the length of time a client stays in treatment and his or her ability to be abstinent during that time has been demonstrated to be correlated to how successful individuals will be in maintaining long-term recovery after treatment.

The dynamic nature of what it means to be in treatment, however, cannot be captured by a simple accounting of the number of days or months someone lives in a residential facility or attends outpatient counseling sessions. The majority of individuals admitted to Odyssey House's programs have struggled with substance abuse problems for a significant period of time. Some, such as participants in our ElderCare population, are working to overcome decades of drug and alcohol abuse and are for the first time engaged in an intensive rehabilitation process.

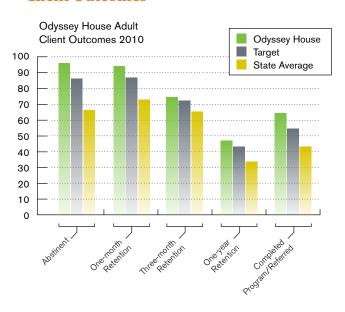
But despite the hardships and obstacles, each client who walks through our door has the potential to craft a new life. Treatment focuses on helping people with substance abuse and related problems (mental illness, medical illness, homelessness, joblessness, family and criminal justice issues) rebuild their lives. Odyssey House is one of the most cost-effective providers of residential treatment in the country. For approximately \$20,000 per bed, per year, people with chronic substance abuse problems participate in intensive treatment that includes access to onsite medical and dental clinics, vocational and educational classes, nutrition and fitness programs, housing (see graph opposite for increase in placements), and family therapy.

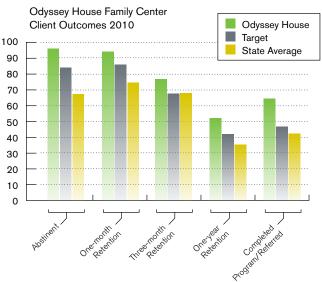
Quality treatment and enhanced services are our hallmark and why we can say with confidence, Odyssey House is where recovery lives.

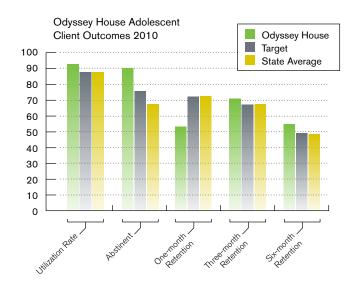
Number of Supportive Housing Slots at Odyssey House by Year

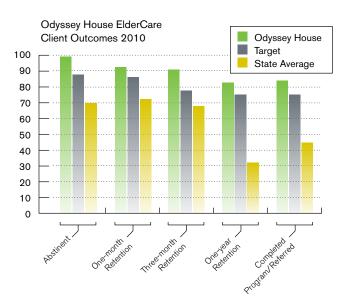


Client Outcomes









2010 Events

At Odyssey House being in recovery is cause for hope and optimism. In 2010 thousands of people joined us at special events to both recognize the individuals who are changing their lives and honor the many supporters whose investment in our programs helps make recovery possible. In keeping with our mission to provide services to 'the broadest range' of the population with substance abuse and mental health disorders, our celebrations included the opening of a new supportive housing building for people with mental illness; working with volunteers to build a playground for children in treatment with their parents; hosting a statewide recovery rally; putting on a play written by teens in treatment; and fielding a team and manning a water station for the New York City Marathon.

We celebrate success by recognizing individual achievement, but we measure success by the strength of our community. When committed individuals come together to support our mission they make a powerful difference in the lives of thousands of American families. Whether in our treatment centers, community-built playgrounds, supportive housing programs, on the stage or the running track, we're proud to say that Odyssey House is where recovery lives.













Crowds gather for the start of New York Recovery Rally following completion of the 5th Annual Odyssey House Run for Your Life 5K (above). Children's activities (below) make it a family event.

(Left) View of outdoor art exhibit created by members of the Odyssey House Art Project seen from dining room of the newly opened 50-apartment supportive housing building located on 123rd Street and Park Avenue (top right).

Marathon. Since 2001, close to 200 residents, staff, board members, and supporters have run the grueling 26.2 mile race and hundreds of volunteers have manned the Mile 19 water station in















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Freeman/Frazier & Assoc., Inc.
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Galaxy Office Products
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SOHO West Gallery

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Odyssey House, Inc. (New York) and Subsidiary

Consolidated Balance Sheet

June 30

ASSETS	2010	2009
Current Assets:		
Cash and cash equivalents	7,796,762	6,636,314
Client services receivable	3,691,575	3,808,906
Grants and contracts receivable	1,495,516	1,654,853
Due from affiliate	120,658	62,540
Prepaid expenses and other current assets	266,011	245,075
Surety bond fund	516,501	516,501
Cash held on behalf of welfare clients	98,953	107,456
Total Current Assets	13,985,976	13,031,645
Total Current Assets Loan receivable from Office of Mental Health Interest in net assets of Odyssey Foundation	13,985,976 360,057	13,031,645
Loan receivable from Office of Mental Health	, ,	13,031,645 170,984
Loan receivable from Office of Mental Health Interest in net assets of Odyssey Foundation	360,057	, ,

LIABILITIES AND NET ASSETS

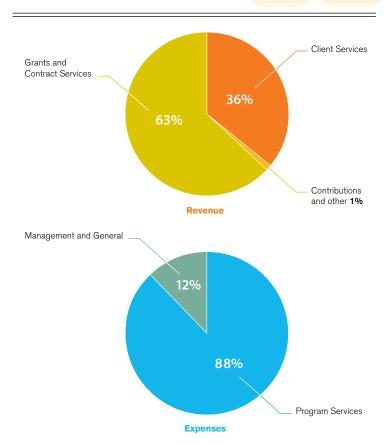
Current Liabilities:		
Accounts payable and accrued expenses	3,507,697	3,349,634
Accrued compensation	54.279	392.010
Funds held on behalf of welfare clients	98.953	107.456
Current maturities of mortgages payable	1,231,103	1,165,293
Advances from OASAS	832,661	832,661
Refundable advances	5,318,724	4,763,325
Due to third parties	1,630,153	1,630,153
Deferred revenue, current portion	209,178	209,178
Total Current Liabilities	13,582,748	12,449,710
Long-term Liabilities:		
Mortgages payable, less current portion	18,466,374	14,322,017
Deferred revenue, net of current portion	12,069,846	11,725,582
Due to contractor	236,111	208,445
Total Long-term Liabilities	30,772,331	26,256,044
Total Liabilities	44,355,079	38,705,754
Net Assets:		
Unrestricted	5,048,438	4,309,957
Temporarily restricted	168,916	170,984
Total Net Assets	5,217,354	4,480,941
Total Liabilities and Net Assets	49,572,433	43,186,695

Currency amounts represented in U.S. dollars.

Consolidated Statement of Operations and Changes in Net Assets

Year Ended June 30

REVENUE	2010	2009
Client services	9,917,832	11,258,885
Grants and contract services	17,173,452	16,140,838
Contributions	71,134	151,343
Other	279,569	301,231
Total Revenue	27,441,987	27,852,297
EXPENSES		
Program Services	23,849,622	23,671,852
Management and general	3,122,267	3,046,359
Total Expenses	26,971,889	26,718,211
Increase in unrestricted net assets	470,098	1,134,086
Change in interest in Odyssey Foundation		
of New York, Inc.	(2,068)	16,830
Increase in net assets before non-controlling interest	468,030	1,150,916
Capital contributions	3,499,650	187,231
Non-controlling interest in consolidated subsidiaries	(3,231,267)	(187,231
Net increase in net assets	736,413	1,150,916
Net assets at beginning of year	4,480,941	3,330,025



Treatment Centers

Adolescent Treatment

Odyssey House Teen Leadership Center 309-311 6th Street New York, NY 10003 212-780-1515

Odyssey House Lafayette Avenue 1264 Lafayette Avenue Bronx, NY 10474 718-378-8671

Adult Treatment Services

Odyssey House Manor Family Center 219 East 121st Street New York, NY 10035 212-987-5120

Odyssey House Engagement Unit Bldg #13 Ward's Island, NY 10035 212-426-6677

Odyssey House ElderCare Program 219 East 121st Street New York, NY 10035 212-987-5120

Edgecombe Residential Treatment Facility 611 Edgecombe Avenue New York, NY 10032 212-923-2575

Family Centers Of Excellence

Odyssey House Manor Family Center 219 East 121st Street New York, NY 10035 212-987-5120

Odyssey House Mabon Bldg #13 Ward's Island, NY 10035

Family Re-Entry

Odyssey House Family Re-Entry 1328 Clinton Avenue, Suite 1A Bronx, NY 10456 718-378-8995

Homeless Services

Odyssey House Haven 239 East 121st Street New York, NY 10035 917-492-2582

Housing

Odyssey House Shelter Plus Care 1328 Clinton Avenue, Suite 1A Bronx, NY 10456

Mental Health Services

Odyssey House Harbor 246 East 121st Street New York, NY 10035 212-987-5151

Odyssey House Park Avenue 113 East 123rd Street New York, NY 10035 646-794-6240

Outpatient Services

Odyssey House Outpatient Services 953 Southern Blvd Bronx, NY 10459 718-860-2994

Medical & Dental Services

Odyssey House Health Care Clinics 219 East 121st Street New York, NY 10035 212-987-5133



CORPORATE OFFICE

95 Pine Street, 17th Floor New York, NY 10005 212-361-1600

ODYSSEY FOUNDATION

95 Pine Street, 17th Floor New York, NY 10005 212-361-1612

ODYSSEY HOUSE ADMISSIONS

219 East 121st Street New York, NY 10035 212-987-5100